

**ALLERGY INFORMATION:** If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

# Autumn menu 2018 Bettridge

**caterlink**  
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b> 3/9/18 24/9/18 15/10/18 12/11/18 3/12/18	<b>Main</b>	Cheese & Tomato Pizza	Cottage Pie with Gravy	Roast Gammon with Roast Potatoes and Gravy	Chicken Curry with Rice	MSC Fish fingers with Chips
	<b>Vegetarian</b>	Vegetable Hotpot	Vegetable Fajita with Rice	Quorn Roast with Roast Potatoes and Gravy	Macaroni Cheese with Garlic Slice	Vegetable pasty with Chips
	<b>Jacket Potato</b>	Jacket Potato with Tuna	Jacket potato served with Cheese	Jacket Potato with Beans Carrot Cauliflower	Jacket Potato served with Cheese	Jacket Potato with Cheese
	<b>Dessert</b>	Sweetcorn Peas Apple Crumble & Custard Yoghurt Fresh Fruit Platter	Green Beans Carrots Chocolate Cocoa Cookie Yoghurt Fresh Fruit Salad	Chocolate banana Oaty Square Yoghurt Fresh Fruit Platter	Sweet corn Broccoli	Baked Beans Garden Peas Cheese, Biscuits & Apple Yoghurt and Fruit Station
<b>Week 2</b> 10/9/18 1/10/18 29/10/18 19/11/18 10/12/18	<b>Main</b>	Cheese & Tomato Pizza	Sausages & Mash with Gravy	Roast Chicken with Stuffing Roast Potatoes and Gravy	Spaghetti Beef Bolognese	MSC Breaded Fish with Chips
	<b>Vegetarian</b>	Lentil & Sweet Potato Curry with Rice	Quorn Mince Bolognese with Spaghetti	Mixed Vegetable Loaf with Roast Potatoes and Gravy	Vegetable lasagne with Garlic Slice	Cheese & Tomato Quiche with Chips
	<b>Jacket Potato</b>	Jacket Potato with Tuna	Jacket potato served with Cheese	Jacket Potato with beans	Jacket potato served with cheese	Jacket Potato with Cheese
	<b>Dessert</b>	Coleslaw Sweet corn Sponge with Custard Yoghurt Fresh Fruit Platter	Peas Carrots Flapjack Yoghurt Fresh Fruit Chunks	Seasonal vegetables Shortbread Yoghurt Fresh Fruit Salad	Green Beans Carrots Fruit Crumble with Custard Yoghurt Fresh Fruit Platter	Baked Beans Garden Peas Cheese, Biscuits & Apple Yoghurt and Fruit Station
<b>Week 3</b> 17/9/18 8/10/18 5/11/18 26/11/18 17/12/18	<b>Main</b>	Cheese & Tomato Pizza	Chicken & Broccoli Pasta Bake	Roast Pork Roast Potatoes and Gravy	Meatballs with Rice	MSC Battered Fish with Chips
	<b>Vegetarian</b>	Five Bean Chilli with Rice	Vegetable Frittata	Vegetable Wellington with Roast Potatoes and Gravy	Shepherdess Pie	Bean Burger with Chips
	<b>Jacket Potato</b>	Jacket Potato with Tuna	Jacket potato served with cheese	Jacket Potato with Beans	Jacket potato served with cheese	Jacket Potato with Cheese
	<b>Dessert</b>	Sweet corn Mixed Salad Sponge with pear alongside Yoghurt	Green Beans Carrots Rice Pudding Yoghurt Fresh Fruit Salad	Cabbage Sweetcorn Chocolate Brownie Yoghurt Fresh Fruit Chunks	Broccoli Carrots Banana Cake with Custard Yoghurt Fresh Fruit Salad	Baked Beans Garden Peas Cheese, Biscuits & Apple Yoghurt and Fruit Station

