

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy

Spring GOLD Menu 2018



		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main	Hotdogs with tomato sauce and jacket wedges	Lasagne (made with organic mince beef)	Roast chicken with stuffing and Roast Potatoes and Gravy	Organic beef cottage pie	MSC Breaded Fish With Chips & Tomato Sauce
Week 1	Vegetarian	Potato & courgette bake	Spinach & Tomato Quiche with New Potatoes	Mixed Vegetable Loaf With Roast Potatoes and Gravy	Macaroni Cheese with Tomato topping	Vegetable fajita
01-Jan		Jacket potato with tuna	Jacket potato with Beans	Jacket potato with salmon mayo	Jacket potato with beans	Jacket potato with cheese
22-Jan		Broccoli Sweetcorn	Peas Cauliflower	Carrot & Swede	Sweetcorn Courgette	Baked Beans Garden Peas
19-Feb		Shortbread Yoghurt Fruit platter	Apple Crumble & Custard Yoghurt Fruit chunks	flapjack Yoghurt Fruit pieces	Sponge with pineapple on the side with Custard Yoghurt Fruit platter	Ginger Muffin Yoghurt Fruit salad
12-Mar	Dessert					
Week 2	Main	Beef meatballs in tomato sauce with rice	Chicken and Red Pepper Pizza with baby Baked Potato (made with free range chicken)	Roast Turkey with Roast Potatoes & Gravy	Organic beef mince pasta bolognaise	MSC Battered Fish Chips & Tomato Sauce
Week 2	Vegetarian	Vegetable Pasta Bake	Lentil and Vegetable Curry with Rice	Cheese & Pepper Whirl with Roast Potatoes	Quorn Mince Pasta Bolognaise	Quorn hotdog with chips
08-Jan		Jacket potato with tuna mayo	Jacket potato with beans	Jacket potato with salmon mayo	Jacket potato with beans	Jacket potato with cheese
29-Jan		Coleslaw Sweetcorn	Mixed Vegetables	Broccoli Sliced Carrots	cauliflower Sweetcorn	Baked Beans Garden Peas
26-Feb		Pear Crumble and Custard Yoghurt Fruit platter	Lemon drizzle cake Yoghurt Fruit chunks	Chocolate Cookie Yoghurt Fruit pieces	Apple pie with Custard Yoghurt Fruit platter	Chocolate Brownie Yoghurt Fruit salad
19-Mar	Dessert					
Week 3	Main	Beef Burger in a Bun with jacket wedges	Chicken tikka & rice	Roast pork with Roast Potatoes and Gravy	Beef Tortilla Stack with Garlic Slice (made with organic mince beef)	MSC Fish Fingers or salmon fish fingers chips & Tomato Sauce
Week 3	Vegetarian	Mixed bean cassoulet with jacket wedges	Cheese & tomato pizza With new potatoes	Vegetarian Wellington with Roast Potatoes	Macaroni cheese with garlic slice	Vegetable pasty with Chips
15-Jan		Jacket potato with tuna mayo	Jacket potato with beans	Jacket potato with salmon mayo	Jacket potato with beans	Jacket potato with cheese
05-Feb		Broccoli Sweetcorn	Carrots Green Beans	Shredded Cabbage Swede	Mixed Vegetables	Baked Beans Garden Peas
05-Mar		Carrot Cake with Custard Yoghurt Fruit platter	Chocolate crunch Yoghurt Fruit chunks	Ginger biscuit Yoghurt Fruit pieces	banana cake & Custard Yoghurt Fruit platter	Lemon Cake Yoghurt Fruit salad
26-Mar	Dessert					

